





Emotionally Based School Anxiety Coffee mornings

These EBSA coffee mornings are for parents/carers with a child in years 5-6 at primary school or years 7-11 at secondary school, who are not attending school because of EBSA issues. This event is being run by DSPL7 with Services for Young People, and young people are also welcome to attend. This is a drop-in session with no need to book



Coffee mornings take place at the **The Pioneer Club, Heathlands Drive, St Albans, Hertfordshire, AL3 5AY,** at the community cafe, Suet Yard. Sessions run from 9:30 - 11:30am on the following dates:

Dates	
Tuesday 8th October 2024	Tuesday 11th March 2025
Thursday 21st November 2024	Wednesday 14th May 2025
Wednesday 22nd January 2025	Thursday 19th June 2025





